

INSTRUCTIONS FOR A RESTING ECHOCARDIOGRAM

The Resting Echo test takes approximately 30-45 minutes. An echocardiogram is an ultrasound that uses sound waves to create pictures images of the heart. Our technician will place 3 small electrodes on your chest area and will use a probe with gel to take the resting images of your heart. This common test can show blood flow through the heart and heart valves.

There are a few small steps to prepare yourself for this test:

1. NO CAFFEINE the day of your test.
2. No body lotions or creams on your chest area the day of the test. Deodorant is OK.

After the test is over you may resume your regular daily activities.

SAN DIEGO CARDIOVASCULAR ASSOCIATES

Resting Echocardiogram Cancellation and/or No Show Policy

It is unfortunate that some people make appointments for procedures and then cancel at the last minute or, even worse, simply do not show up. This deprives other patients who need the procedure the opportunity to have them performed earlier. Because of this problem we reluctantly must enforce the following cancellation policy.

If you are a no show or if you cancel less than 48 hours before the procedure is to be performed you will be charged \$100.00 (one hundred dollars), a fee that will not be covered by your insurance.

Monday procedures must be cancelled by noon of the previous Friday.

No Show or cancellation fees must be collected prior to setting up any future appointments.

We are truly sorry that these regulations must be instituted at this time. However, we find it unfair to vast majority of responsible patients who suffer because the irresponsibility of a few.

Sincerely,

San Diego Cardiovascular Associates.